



Helen Cabron

April 3, 1931 - October 22, 2025

It is with profound sadness that we announce the passing of Helen Cowan Cabron, a beloved mother, grandmother, and friend, who left this world on October 22, 2025, at the age of 94. Born on April 3, 1931, in Commerce, Georgia, Helen lived a life that was filled with love, warmth, and kindness. She developed wonderful relationships as a member of Covenant Presbyterian Church. Helen loved being part of her bridge clubs, where laughter, friendship, and friendly competition filled her days. Her spirit touched everyone she encountered, and she will be deeply missed by family and friends alike.

Helen is survived by her daughters: Susan Cowan, Ann Stone, and son-in-law, Johnnie Stone. She takes with her a legacy of love through her grandsons, Michael Stone, Mason Stone, wife Andrea Stone, and great-grandchildren Oliver and Amelia Stone. Helen's ability to bring joy and comfort to those around her was matched only by her unwavering devotion to her family.

Helen was preceded in death by her first husband William Hugh Cowan; her second husband, Edwin Cabron; beloved companion, Bob Fee; and her two sons, Stephen William Cowan and Michael Keith Cowan.

In honor of Helen's life and the love she so generously shared, a visitation will

be held to celebrate her remarkable journey. The visitation will take place on Tuesday, October 28, 2025, from 5-7 PM at Sanders Funeral Home, 1420 Main Street, Lubbock, TX 79401.

As we remember Helen, let us carry forward her legacy of compassion, strength, and love. May her soul rest in peace and may we all strive to embody the spirit she so beautifully exemplified. In lieu of flowers, please make a donation in Helen's memory to Lubbock Meals on Wheels or the South Plains Food Bank.

Cemetery Details

Miller Crematory

202 Avenue Q
Lubbock, TX 79415

Previous Events

Visitation

OCT **28**. 5:00 PM - 7:00 PM (CT)

Sanders Funeral Home
1420 Main Street
Lubbock, TX 79401
(806) 763-6433
director@sandersfuneralhome.com
<https://www.sandersfuneralhome.com>

Tribute Wall



“ Sanders Funeral Home created a Tribute Video in memory of Helen Cabron



Sanders Funeral Home - October 25, 2025 at 07:18 PM

MS



Moe Snyder - October 26, 2025 at 06:00 PM

LE

What a sweet tribute to an amazing lady

Leah - October 26, 2025 at 06:05 PM

SW

“ Steven and Nancy Willis purchased the Serene R etreat for the family of Helen Cabron.



Steven and Nancy Willis - October 28, 2025 at 12:29 PM



“ *Simply Elegant Spathiphyllum* was purchased for the family of Helen Cabron.



October 27, 2025 at 10:07 PM



“ *Enchanted Cottage* was purchased for the family of Helen Cabron.



October 27, 2025 at 12:24 PM

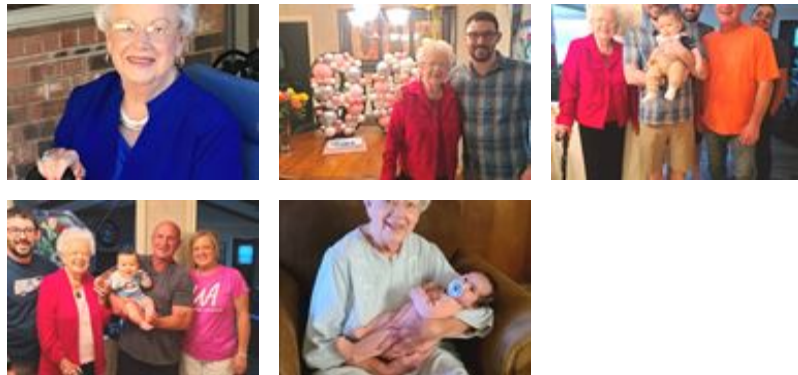


“ *With love, The Pate’s* planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen Cabron.

With love, The Pate’s - October 27, 2025 at 12:24 PM



“ *7 files added to the album LifeTributes*



Sanders Funeral Home - October 25, 2025 at 07:08 PM

SA

“ Sandra A. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen Cabron.

Sandra A. - October 25, 2025 at 05:59 PM

MW

“ Michael W. purchased the Enchanted Cottage for the family of Helen Cabron.



Michael W. - October 25, 2025 at 05:30 PM

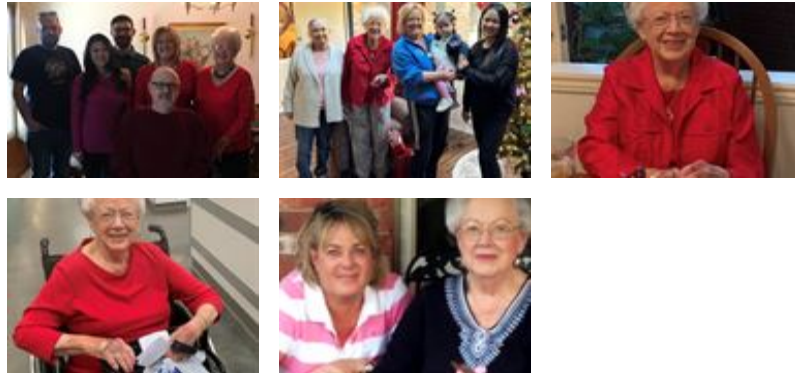
MW

“ Michael W. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen Cabron.

Michael W. - October 25, 2025 at 05:30 PM



“ 14 files added to the album Life Tributes



Sanders Funeral Home - October 25, 2025 at 04:05 PM



“ 79 files added to the album Life Tributes



Sanders Funeral Home - October 24, 2025 at 04:48 PM

JD

“ Justin and Ariel Davis purchased the Beautiful in Blue for the family of Helen Cabron.



Justin and Ariel Davis - October 24, 2025 at 01:04 PM

JF

“ Jake and the entire Spec's family purchased the Treasured Lilies Spray for the family of Helen Cabron.



Jake and the entire Spec's family - October 24, 2025 at 12:15 PM